Hormone Pellet Surgical Consent Form

(MEN)

I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, authorize Faylene Dancer APRN to perform Hormone Pellet Insertion.

(Print Patient Name).

I understand the season for the procedure is: hormone replacement therapy using Testosterone.

**PROCEDURE RISKS**

Anytime the skin is cut, the following complications can occur:

1. **Pain** – At insertion/pellet sight
2. **Scar** – Scars can on occasion occur.
3. **Bleeding** – Bleeding during surgery may be difficult to stop, particularly if the patient is on aspirin or has a bleeding disorder. Occasionally bleeding may occur under the skin after surgery (Hematoma). Hematoma formation can results in bruising, pain, poor cosmetic result and occasionally need to be surgically drained.
4. **Nerve Damage** – Numbness or paralysis can occur in certain areas.
5. **Infection** – Any time the skin is cut, there’s risk of infection

**TESTOSTERONE RISKS**

With Testosterone replacement therapy, you may experience any of the following:

1. Risk of raised cholesterol
2. **Possible increased risk of** heart attack or stroke
3. **Risk of worsening BPH/symptoms** – (peeing difficulties)
4. Soreness/Bruising/Knot at pellet insertion site
5. Increased hair growth or acne
6. **Decreased or absent sperm**
7. **Elevated Estrogen Levels –** We monitor for this
8. **Testicular Atrophy –** Decreased testicle size
9. **Risk of blood clots** (It is unclear if testosterone increases risk of blood clot, but needs mentioned)
10. **Unclear cancer risk** See Reverse side of the form
11. **Enlarged breasts**
12. Swelling of hands/feet, usually temporary

**BENEFITS**

***The goal is* improved:**

1. Energy, Endurance
2. Mental Sharpness, Memory
3. Libido (I do not promise sexual function improvement, but do see sexual desire improvement)
4. Mood Level
5. Sleep Improvement
6. Strength Improvement
7. A change in body composition – Muscle > Fat

Testosterone hormone is present in many tissues of the body including the prostate gland. If there is a hidden cancer in your prostate gland it is possible that testosterone replacement with feed a cancer.

The FDA approves testosterone for use in men who lack or have low testosterone levels in conjunction with an associated medical condition.

Testosterone replacement therapy has been used for many years to improve low levels of testosterone and the conditions that affects.

The current medical thinking is always changing so it is important to discuss testosterone replacement therapy with your practitioner each year. I understand that my nurse practitioner will do everything she knows to do to decrease and minimize the risks of testosterone therapy. There are no guarantees that these measures will be effective at preventing the negative side effects mentioned above or others that we do not yet know about.

I have discussed the reason for taking testosterone hormone with my nurse practitioner and understand why she is recommending them and the risks associated with taking them. Including, but not limited to the possibility of increased risk of prostate cancer, blood clots, heart attack or stroke.

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Signature of Patient or Legal Guardian Date